

Some Frequently-Scheduled Hiking Routes (Updated on February 1, 2012)

Below is a list of hiking routes frequently included in the outings schedules of the Piedmont Hiking and Outing Club. The routes are listed by their locations.

The distances and total elevation gains are only estimates. Hike leaders are responsible for any information on distances, elevation gains, or difficulty ratings included in outing descriptions.

The list intentionally does not include walking routes in the Piedmont Triad area.

Individuals who have led and continue to lead other strenuous or moderate hikes for which the routes are not included in the list are welcome to submit the information needed for their addition to the list. For any such hiking route, the properly-ordered names of the trails hiked should be provided, along with informed estimates of distances and total elevation gains. If a route is an out-and-back or involves a shuttle, that information needs to be included in the label for the hiking route.

Black Mountains

Colbert Ridge/Crest/Big Tom Gap/Buncombe Horse Range trails	14 miles, 4600 feet
Commissary/Camp Alice/Buncombe Horse Range/Big Tom Gap/ Crest/Old Mitchell trails	10 miles, 1900 feet
Crest trail from Mount Mitchell to Celo Knob and back	14 miles, 4400 feet
Mount Mitchell trail from Black Mountain Campground to Mount Mitchell and back	13 miles, 3900 feet
Woody Ridge/Crest/Colbert Ridge trails as a shuttle	9 miles, 3700 feet

Blowing Rock area

Boone Fork trail in Julian Price Memorial Park	6 miles, 900 feet
Carriage trails from Bass Lake parking to Flat Top and back in Moses Cone Memorial Park	11 miles, 900 feet

Crowders Mountain State Park

Crowders/Backside/Rocktop trails	5 miles, 900 feet
Pinnacle/Turnback trails	4 miles, 900 feet

Doughton Park

Basin Creek trail to Caudill Cabin and back	10 miles, 1800 feet
Bluff Mountain trail as a shuttle	8 miles, 900 feet
Bluff Ridge/Bluff Mountain/Cedar Ridge trails	13 miles, 3200 feet
Bluff Ridge/Bluff Mountain/Flat Rock Ridge trails	13 miles, 3300 feet
Flat Rock Ridge/Bluff Mountain/Cedar Ridge trails or reverse	17 miles, 3500 feet
Flat Rock Ridge/Bluff Mountain/Grassy Gap trails	13 miles, 2300 feet

Eno River State Park

Buckquarter Creek/Holden Mill trails	4 miles, 200 feet
Cox Mountain/Fanny's Ford trails	4 miles, 200 feet

Grandfather Mountain State Park

Daniel Boone Scout/Cragway/Nuwati trails	8 miles, 2200 feet
Daniel Boone Scout/Grandfather trails to Swinging Bridge and back	12 miles, 4400 feet
Profile/Grandfather trails to Swinging Bridge and back	10 miles, 4000 feet
Tanawha trail as shuttle	13 miles, 2600 feet

Grayson Highlands

Appalachian trail from Creek Junction to Elk Garden as shuttle	10 miles, 2800 feet
Appalachian/Mount Rogers/Crest/Virginia Highlands Horse trails from Elk Garden	11 miles, 2000 feet
Appalachian/Pine Mountain/Wilburn Ridge trails from Massie Gap	12 miles, 1800 feet
Appalachian/Seed Orchard Road/Wilson/Stampers Branch/Twin Pinnacles/Big Pinnacle trails from Massie Gap	8 miles, 2100 feet

Hanging Rock State Park

Chestnut Oak/Wolf Rock/Cook's Wall/Magnolia Springs/Moore's Wall Loop trails from the visitor center	8 miles, 2000 feet
Indian Creek trail and back	8 miles, 1000 feet

Linville Gorge

Pine Gap/Linville Gorge/Conley Cove trails as shuttle	9 miles, 2200 feet
Babel Tower/Linville Gorge/Conley Cove trails as shuttle	9 miles, 2500 feet
NC 126 Connector/Mountains-to-Sea trails to Shortoff Mountain and back	11 miles, 2500 feet

Montreat area

Big Piney Ridge/West Ridge/Graybeard trails from Montreat	9 miles, 2900 feet
Heartbreak Ridge/Old Mitchell Toll Road/Pinnacle Summit trails and back from Graphite	14 miles, 4100 feet

Morrow Mountain State Park

Sugarloaf Mountain/Hattaway Mountain/Morrow Mountain trails from horse trailer parking	10 miles, 1700 feet
--	---------------------

Mount Mitchell (see Black Mountains)

Mount Rogers (see Grayson Highlands)

Pilot Mountain State Park

Grassy Ridge/Mountain/Ledge Spring/Jomeokee/Grindstone trails	9 miles, 1800 feet
---	--------------------

Roan Highlands

Appalachian trail from Carvers Gap to US 19E	14 miles, 2600 feet
Appalachian trail from US 19E to Carvers Gap	14 miles, 5300 feet

Roanoke area

Andy Layne/Appalachian trails via Tinker Cliffs and McAfee Knob to VA 311 as shuttle	13 miles, 3600 feet
Appalachian trail to Dragon's Tooth from VA 311 as shuttle	11 miles, 2900 feet
Apple Orchard Falls/Appalachian to Guillotine Rock and back/Cornelius Creek trails	11 miles, 3300 feet

Rock Castle Gorge

Rock Castle Gorge trail	11 miles, 2700 feet
-------------------------	---------------------

Shining Rock area

Flat Laurel Creek/Sam Knob/Sam Knob Summit/US Forest Service road 816/ Mountains-to-Sea trails from Flat Laurel Creek parking	10 miles, 1500 feet
--	---------------------

South Mountains State Park

Chestnut Knob/Sawtooth/Horseridge/Poosum/Shinny/Upper Falls/ High Shoals Falls trails	12 miles/ 2600 feet
--	---------------------

Stone Mountain State Park

Widow's Creek/Scott Ridge/Mountains-to-Sea trails	11 miles, 2800 feet
Widow's Creek/Scott Ridge/Mountains-to-Sea/Cedar Ridge (Doughton Park) trails to Longbottom Road parking as shuttle	15 miles, 3600 feet

Uwharrie Mountains

Uwharrie/Dutchman's Creek trails from Yates Place camp	10 miles, 1100 feet
--	---------------------